

	
<b>Childhood Obesity Task Group</b>	1 <sup>st</sup> March 2010
Report of the Interim Head of Civic, Legal & Democratic Services	

## Childhood Obesity Review

### Summary

1. This report asks Members to receive and consider further information to inform their review into childhood obesity. It also asks them to consider setting a further meeting date and arrangements for any public event they intend to hold.

### Background

2. Councillor Susan Galloway originally registered this topic in July 2009. A feasibility study was prepared and after due consideration the following remit was set:

### Aim

3. To address whether current service provision is effectively reducing childhood obesity in the city.

### Key Objectives

- i. To look at statistical evidence collected by the School Health Team in relation to NPI55 and NPI56 to discover the extent of childhood obesity in the City
- ii. To explore the impact of current initiatives such as healthy eating, 5 a day and 30 minutes of exercise 5 times a week etc on tackling obesity
- iii. To explore external factors that may contribute to childhood obesity
- iv. To learn more about the All Together Better Programme and the Healthy Weight, Active Lives Strategic Implementation Group and the methods they are using to reduce childhood obesity
- v. To look at the continuity of services into adulthood
- vi. To explore how monies are spent on tackling obesity.

4. Subsequently, a scope for the review was considered and approved at a meeting of the Health Overview & Scrutiny Committee on 2<sup>nd</sup> December 2009. It was also decided that a small Task Group comprising Councillors Susan Galloway, Councillor Simpson-Laing and Councillor Wiseman would undertake the majority of the work on this review.

## **Work Undertaken to Date**

5. Members of the Health Overview & Scrutiny Committee received a presentation on the first key objective from the remit of this review on 2<sup>nd</sup> December 2009. The task Group met on 27<sup>th</sup> January 2010 to receive and discuss information in relation to key objective ii of the remit. The information received at these two meetings and the meeting today will be reported back to the Health Overview & Scrutiny Committee at their meeting on 29<sup>th</sup> March 2010.

## **Information to be received at the meeting today**

6. The following information in relation to key objective iii of the remit will be received at the meeting today:

### **Presentation from Christine Packer – School Travel Plan Coordinator**

7. Childhood obesity has become a major health issue nationally. Combined with this is the fact that many children do not have the opportunity to take regular physical exercise. Travelling actively to school (walking, cycling and mini scooter) provides an opportunity for children to take some of the 60 minutes activity a day that they need to stay healthy.
8. School travel plans provide a framework within which is set out a series of practical steps for reducing car use, increasing the opportunity for children to travel actively to school and improving children's safety on their journey to school. In its writing, the whole school community is consulted.
9. This presentation will look in more detail at what a travel plan is, what kind of measures a travel plan can include, how the school can promote its travel plan. It will also look at the role of the School Travel Adviser in supporting schools in developing their travel plan and promoting active travel initiatives. The contribution school travel plans can make to other initiatives schools are involved with will also be briefly considered.

### **Information/presentation from Rosemary Flanagan – Early Years Childcare Manager**

10. The Early Years Childcare Manager will provide a briefing note for Members covering the following points:
  - Analysis of policies of healthy eating in each of the day care settings
  - Anecdotal evidence around the number of day nurseries who buy locally sourced and organic food
  - Information on the number of cooks who work in nursery premises with qualifications which give them knowledge of children's nutritional and dietary needs

### **Information from Bob Purrington – Assistant Head of Service (Positive Activity & Alternative Learning)**

11. In the context of work going on in Young People's Services, the Assistant Head of Service (Positive Activity & Alternative Learning) will provide Members of the Task Group with a presentation on how our changing way of life contributes to an unhealthy lifestyle for young people today and this will cover the following points:
  - Driving to school
  - Fear of going out
  - Fast food generation
  - Parental short cuts
  - Commercially targeted
  - Body image
  - Cyber pulling

### **Consultation**

12. During the course of gathering evidence for this review Members of the Task Group have consulted various Officers in the Council, representatives of NHS North Yorkshire & York and York Hospitals Foundation Trust.

### **Options**

13. Members of the Task Group are asked to receive and consider the information as set out in paragraphs 6 to 11 above. They are also asked to consider an appropriate date for their next meeting (suggested dates are anytime on 19th April 2010 or the morning of 22nd April 2010) and the format and purpose of any public event they may choose to hold.

## Analysis

14. Members are asked to discuss the information presented to them and identify any key findings or issues as appropriate. Any findings and discussions will be reported back to the Health Overview & Scrutiny Committee in an interim report on 29<sup>th</sup> March 2010 and will ultimately form part of a final report and inform any recommendations that arise from the review.
15. In order to progress the review and to attempt to complete it before Annual Council on 27<sup>th</sup> May 2010 Members are asked to agree a date in April to complete much of the evidence gathering part of the review; suggested dates are set out in paragraph 13 of this report.
16. In addition to this Members of the Task Group are asked to consider what plans they would like to make to hold a public event, if any. The scoping report dated 2<sup>nd</sup> December 2009 allowed for such an event to take place and Members are asked to finalise arrangements for this in order that this can be organised. Members may wish to consider the purpose of the event, what they would hope the outcomes of any event would be and how they would hope this to inform any recommendations that may arise from this review.

## Corporate Priorities

17. This report and the review being undertaken are directly linked to the 'Healthy City' theme of the Corporate Strategy 2009/2012.

## Implications

18. **Financial** – There is a small amount of funding available within the scrutiny budget to carry out reviews. There are no other financial implications associated with this report; however implications may arise as the review progresses.
19. **Human Resources** – There are no Human Resources implications associated with the recommendations within this report.
20. **Legal** – There are no direct legal implications associated with the recommendations within this report; however implications may arise as the review progresses.
21. There are no known equalities, property, crime & disorder or other implications associated with the recommendations in this report.

## Risk Management

22. In compliance with the Council's risk management strategy there are no known risks associated with the recommendations in this report.

## Recommendations

23. Members are asked to:
- i. Receive and discuss the information presented to them at today's meeting
  - ii. Confirm the date for the next Task Group meeting
  - iii. Consider what arrangements they would like to make for any public event that they may wish to hold

Reason: In order to progress this review

## Contact Details

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	<b>Report Approved</b>	<input checked="" type="checkbox"/>	<b>Date</b> 18 February 2010
<b>Specialist Implications Officer(s)</b> None			
<b>Wards Affected:</b> <i>List wards or tick box to indicate all</i>			<b>All</b> <input checked="" type="checkbox"/>
<b>For further information please contact the author of the report</b>			

## Background Papers:

Feasibility Report – Childhood Obesity (23.09.2009)  
Childhood Obesity Review – Scoping Report (02.12.2009)

## Annexes

None